Dear Parents and Guardians,

Please join us for an upcoming Parent University workshop for parents of students entering Kindergarten.

Workshop: Ready, Set...Off to Kindergarten We Go!

Description: Join us for an interactive workshop specifically designed to support families entering kindergarten. In this 2-part series, parents will learn some simple tips and strategies for creating a smoother transition!

- Prepare yourself and your child for an exciting, yet uncertain transition to kindergarten.
- Empower your child and help him/her deal with any concerns or fears about separation.
- Support and nurture your unique child’s stage of social and emotional development.
- Encourage your child to understand, identify and express all of their feelings.
- Create healthy habits and routines for your child’s success at home and school.

Presenter: Erika Stroh, Parent Life Coach and Founder of Parent From the Heart

Part 1: Preparing for the Transition: Monday, August 26 from 7:00-8:00 p.m. at Martin Avenue School

Part 2: Continuing the Conversation: Thursday, September 26 from 7:00-8:00 p.m. at Martin Avenue School

**Please note: you do not have to attend both Part 1 and Part 2. All are welcome to attend either or both parts.**

Please complete this form and return it to the District Office, 2616 Martin Ave., Bellmore NY 11710 Attn: Janet Pollitt or complete the form online located on the homepage of our district website. You may also call Vicki Scalici to register at 516-992-3000 Ext. 3009

Parent University Workshop: Ready, Set...Off to Kindergarten We Go!

Name: ___________________________ Number of Adults Attending: ______

School: ___________________________ Email: ___________________________

Check One:
_____ I plan to attend both Part 1 on August 26 and Part 2 on September 26.
_____ I plan to attend Part 1 on August 26.
_____ I plan to attend Part 2 on September 26