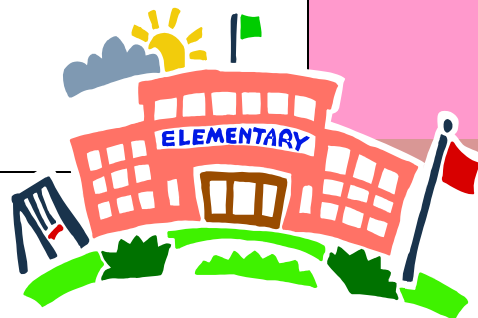




North Bellmore U. F. S. D
January '12



Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>NO SCHOOL</p> <p>WINTER RECESS</p>	<p>3</p> <p>CHICKEN NUGGETS w/wo dipping sauce Ital. Bread, Steamed Broccoli or Chicken Pita Pocket Chilled Applesauce Choice of Milk</p>	<p>4</p> <p>BRUNCH FOR LUNCH Waffle Sticks or Egg on a Bun Hash Brown Potato Patty Peach Cup Choice of Milk</p>	<p>5</p> <p>TOMATO SOUP GRILLED CHEESE or Turkey Wrap Golden Corn Chilled Pears Choice of Milk</p>	<p>6</p> <p>CHEESE PIZZA WW Optional Topping Broccoli or Pepperoni Garden Salad Fresh Fruit Choice of Milk</p>
<p>9</p> <p>POPCORN CHICKEN w/wo dipping sauce Ital. Bread, Sliced Carrots or Chicken Pita Pocket Chilled Applesauce Choice of Milk</p>	<p>10</p> <p>BAGEL DAY Choice of Tuna Salad, Turkey, Peanut Butter, American Cheese or Ham on a Bagel Marinated Green Beans Fruit & Milk Choice</p>	<p>11</p> <p>NACHOS GRANDE with Spicy Taco Filling Lettuce, Salsa, Cheese Mexicali Corn Chilled Pears Choice of Milk</p>	<p>12</p> <p>CHEESE PIZZA WW Optional Topping Broccoli or Pepperoni Carrot Sticks with Dip Mixed Fruit Cup Choice of Milk</p>	<p>13</p> <p>NO SCHOOL</p> <p>STAFF DEVELOPMENT DAY</p>
<p>16</p> <p>MARTIN LUTHER KING DAY</p> <p>SCHOOL CLOSED</p>	<p>17</p> <p>CHICKEN NUGGETS w/wo dipping sauce Ital. Bread, Sautee Spinach or Tuna Wrap Chilled Applesauce Choice of Milk</p>	<p>18</p> <p>MOZZARELLA STICKS with Marinara Sauce or MEATBALL HEROS Steamed Broccoli Mixed Fruit Choice of Milk</p>	<p>19</p> <p>CHICKEN PATTY On a WW Bun, HAMBURGER OR CHEESEBURGER Oven Fries & Pickles Choice of Fruit & Milk</p>	<p>20</p> <p>CHEESE PIZZA WW Optional Topping Broccoli or Pepperoni Carrot Sticks with Dip Fresh Apples Choice of Milk</p>
<p>23</p> <p>POPCORN CHICKEN w/wo dipping sauce Ital. Bread, Mashed Potatoes or Chicken Pita Pocket Chilled Applesauce Choice of Milk</p>	<p>24</p> <p>PIZZA DIPPERS Hot Bread Sticks Marinara sauce for dipping Fresh Cut Cheese Sticks Italian Mixed Vegetables Choice of Fruit & Milk</p>	<p>25</p> <p>BRUNCH FOR LUNCH Pancakes or Egg on a Bun Hash Brown Potato Patty Sausage Patty, Fresh Fruit Choice of Milk</p>	<p>26</p> <p>CHICKEN PATTY On a WW Bun, HAMBURGER OR CHEESEBURGER Oven Fries & Pickles Choice of Fruit & Milk</p>	<p>27</p> <p>CHEESE PIZZA WW Optional Topping Broccoli or Pepperoni Marinated Green Beans Chilled Peaches Choice of Milk</p>
<p>30</p> <p>CHICKEN NUGGETS w/wo dipping sauce Ital. Bread, Steamed Broccoli or Chicken Wrap Chilled Applesauce Choice of Milk</p>	<p>31</p> <p>MACARONI & CHEESE with or wo/ Ham Slice or Turkey Sandwich Glazed Carrots Orange Smiles Choice of Milk</p>			<p>OFFER vs. SERVE Students must choose at least 3 different menu items for the lunch to be considered a complete meal.</p>



Student Lunch \$2.25
 Reduced Lunch .25
 Student Milk .55

* Bagel Lunch
 when available. \$2.25

DOUBLES
 Extra Entrée \$1.00
 Pizzeria Pizza \$1.50

ALTERNATE LUNCH
AVAILABLE DAILY

DELT SELECTIONS
 **Taco Salad Available
 On Taco & Nacho Days
 Chef Salad
 Turkey, Tuna, Bologna
 American Cheese
 Peanut Butter & Jelly
 Peanut Butter Only
 White , Wheat Bread, Pita
 or Wraps
 Cold Sandwiches or Salads
 may be substituted for lunch
 entrée with the remainder
 of the meal

CHOOSE DAILY

Skim, 1%, or
Low Fat Chocolate
 Choice of
 Fresh Fruit,
 Apple, Orange Juice or
 Fruit Punch

PREPAID LUNCH TICKETS
AVAILABLE DAILY