



North Bellmore U. F. S. D.
SEPTEMBER '10



		Wednesday	Thursday	Friday
			2 STAFF ORIENTATION DAY 	3
6 LABOR DAY 	7 CHICKEN NUGGETS with Dipping Sauce Steamed Broccoli Bread & Butter Chilled Applesauce Choice of Milk	8 BAGEL DAY Choice of Tuna Salad, Turkey, Peanut Butter, American or Cream Cheese on a Bagel Green Bean Salad Fruit & Milk Choice	9 NO SCHOOL ROSH HASHANAH	10 NO SCHOOL ROSH HASHANAH
13 CHICKEN NUGGETS with Dipping Sauce Mashed Potatoes Bread & Butter Chilled Applesauce Choice of Milk	14 GRILLED CHEESE OR RIB A QUE on a Bun Mixed Vegetables Chilled Fruit Choice of Milk	15 NACHOS & CHEESE **Taco Filling Optional Lettuce, Salsa Sour Cream Chilled Fruit Choice of Milk	16 HAMBURGER CHEESEBURGER OR CHICKEN PATTY on a Bun Baked Fries, Pickles Chilled Fruit Choice of Milk	17 CHEESE PIZZA Optional Topping Vegetable or Pepperoni Tossed Salad with Dressing Chilled Fruit Choice of Milk
20 CHICKEN NUGGETS with Dipping Sauce Italian Mixed Vegetables Bread & Butter Chilled Applesauce Choice of Milk	21 HOT BREADED MOZZARELLA STICKS with Marinara Sauce French Bread Vegetable Sticks with Dip Fruit & Milk Choice	22 MACARONI & CHEESE OR **CORN DOG Marinated Green Bean Salad Chilled Pear Cups Choice of Milk	23 HAMBURGER CHEESEBURGER OR CHICKEN PATTY on a Bun Baked Fries, Pickles Fresh Apples Choice of Milk	24 CHEESE PIZZA Optional Topping Vegetable or Pepperoni Vegetable Pasta Salad Chilled Peaches Choice of Milk
27 CHICKEN NUGGETS with Dipping Sauce Steamed Broccoli Bread & Butter Chilled Applesauce Choice of Milk	28 BRUNCH FOR LUNCH Waffle Sticks or Egg on a Bun, Sausage Patty Hash Brown Mixed Fruit Choice of Milk	29 POPCORN CHICKEN with Dipping Sauce Green Beans Bread & Butter Fresh Fruit Choice of Milk	30 HAMBURGER CHEESEBURGER OR CHICKEN PATTY on a Bun Baked Fries, Pickles Sliced Pears Choice of Milk	***** OFFER vs. SERVE Students must choose at least 3 different menu items for the lunch to be considered a complete meal.

** Turkey Product

Student Lunch \$1.85
 Reduced Lunch .25
 Student Milk .45
DOUBLES
 Lunch Items .75 *EXCEPT*
 Popcorn Chicken 1.00
 Nuggets .75
 Pizzeria Pizza \$1.25

**ALTERNATE LUNCH
 AVAILABLE DAILY**

DELT SELECTIONS
 **Taco Salad Available
 On Taco & Nacho Days
 Chef Salad
 Turkey, Tuna, Bologna
 American Cheese
 Peanut Butter & Jelly
 Peanut Butter Only
 White or Wheat Bread

Cold Sandwiches or salads
 may be substituted for lunch
 entrée with the remainder
 of the meal

CHOOSE DAILY

Skim, 1%,
**Low Fat Chocolate or
 Whole White Milk**
 Choice of Fresh Fruit
 Apple or Orange Juice
 or Fruit Cup

EARN

WHILE YOUR CHILDREN LEARN
 CONTACT THE LUNCH OFFICE
 516-992-3000 x4427

**PREPAID LUNCH TICKETS
 AVAILABLE DAILY**