

## **DRUG AND ALCOHOL ABUSE**

The Board of Education is committed to the prevention of alcohol, tobacco, and other substance use/abuse. Therefore, the district will promote healthy lifestyles for its students and staff to inhibit the use/abuse of alcohol, tobacco, and other substances.

No person may use, possess, sell, or distribute alcohol or other substances, nor may use or possess drug paraphernalia, on school grounds or at school-sponsored events, except drugs as prescribed by a physician. The terms “alcohol and other substances” shall be constructed throughout this policy to refer to the use of all substances, including, but not limited to, alcohol, inhalants, marijuana, cocaine, LSD, PCP, amphetamines, heroin, steroids, look-alikes, and any of those substances commonly referred to as “designer drugs.” The inappropriate use of prescription and over-the-counter drugs shall be prohibited.

Additionally, the following persons shall be prohibited from entering the school grounds or school-sponsored events: any person exhibiting behavior, conduct, or personal or physical characteristics indicative of having used or consumed alcohol or other substances.

### Prevention Curriculum

The intent of primary prevention programming is to prevent or delay the onset of alcohol, tobacco, and other substance use by students. Therefore, the Superintendent of Schools shall implement a sequential K-6 prevention curriculum that provides for

1. accurate and age-appropriate information about alcohol, tobacco, and other substances, including the physical, psychological, and social consequences of their use/abuse.
2. helping students identify personal risk factors for alcohol and other substances use/abuse and the steps needs for risk reduction;
3. helping students develop a positive self-concept; and
4. helping students identify when they are under stress and how to manage or reduce stress through non-chemical means.

### Staff Development

The Board recognizes that if the administrative, instructional staffs are to be responsible for understanding, implementing, and modeling this policy, they must be trained about the components of an effective alcohol and other substance prevention program. Staff training will be an on-going process including the following:

1. the knowledge and skills necessary to implement the district's K-6 alcohol and other substance prevention curriculum; and
2. (for intervention staff) appropriate training for those identified to carry out intervention function to assure that they their assessment, individual, group, and family counseling and referral support the needs of high-risk, using, and abusing youth.

Adoption date: February 10, 2011